



Restrictive intervention report

You should record the incident by filling out this form as soon as possible after the event, **no later than the same day**.

STAFF DETAILS	
Name of the member of staff who used a restrictive intervention, and who is writing this report	
Role of the member of staff who used a restrictive intervention, and who is writing this report	E.g. teacher
Names and roles of any other staff involved	E.g. Sarah Matthews (assistant headteacher) was present

PUPIL DETAILS	
Name of pupil who a restrictive intervention was used on	
Names of any other pupils directly involved	
Any needs or circumstances of the pupil, e.g. if the pupil has SEND	E.g. pupil has moderate learning difficulties
The pupil's SEN code, if they have SEN (ask your SENCO if you're not sure)	E.g. EHCP

INCIDENT DETAILS	
Date of incident	
Time of incident	
Name of witness/es	
Location of incident	E.g. secluded in headteacher's office, force used in classroom
Approximate duration of the intervention	E.g. 5 minutes

INCIDENT DETAILS	
Restrictive intervention(s) used	E.g. reasonable force, seclusion or restraint
If reasonable force was used: <ul style="list-style-type: none"> • What type of reasonable force was applied • The degree of force 	E.g. lifted the pupil in a 'cradle hold', holding them firmly so they wouldn't kick or hit themselves or myself
Were there any physical injuries to pupil and/or staff member(s)?	YES/NO (If yes, make sure any injuries are also recorded as set out in your school's health and safety policy and reported to the Health and Safety Executive where required)
Details of any physical injuries (if applicable)	E.g. red mark on wrist, scratch on left cheek
Any support provided after the incident, including any medical treatment for injuries to pupil and/or staff member(s)?	E.g. pupil seen by first aider, ice pack applied

Incident account

This should be a **brief account** of:

- **What** happened
- **Why** you assessed that it was necessary to use the intervention you used

You should include:

- What led up to the incident
- Any potential or identified triggers
- Any preventative or de-escalation strategies you used

WHAT HAPPENED
<p>Example report:</p> <p><i>At lunchtime, I was on duty in the canteen. At one point, I started to hear some loud shouting. I then saw Nathaniel punch Jake in the stomach quite hard. Nathaniel's friends, Jeremiah Santos and Nancy Jacobs, then started to hold him back to stop him, but he pushed them away. Jake then tried to retaliate and punch Nathaniel, but he missed and Nathaniel pushed him to the floor.</i></p> <p><i>At this point, Mr Lewis had already shouted 3 times for Nathaniel and Jake to stop, but they were ignoring him and kept fighting. Mr Lewis then approached Nathaniel and held him forcefully by the shoulders and pulled him off Jake. Mr Lewis then guided Nathaniel away by the arm and took him out into the corridor.</i></p> <p><i>Mr Lewis used reasonable force for around 4 minutes when he held Nathaniel to take him away from Jake and when he guided him away from the incident. I helped Jake up from the floor by the hand and guided him by the arm into the playground, using reasonable force for around 3 minutes. I gave Jake a few minutes to calm down and then we went to the school office to find a first aider. Jake was given an ice pack for his back.</i></p>

WHY I ASSESSED THAT IT WAS NECESSARY TO USE THE INTERVENTION I USED (IF NOT COVERED ABOVE)

Example:

I assessed that it was necessary to use the intervention because there was a risk of physical harm to pupils. Both pupils were highly dysregulated and were ignoring repeated verbal instructions to stop. I also felt the situation could quickly escalate and increase the risk of physical harm.

There was a clear risk of injury to Jake, Nathaniel, and other pupils nearby, and the situation was not resolving without physical intervention. The reasonable force used was necessary to separate the pupils, stop the fighting, and move them to a safer location so the incident could be brought under control.

I also feel that the force used was proportionate to the situation: it was only used while the pupils were dysregulated and there was an immediate risk of harm. Once the pupil had calmed down, I immediately stopped the use of force.

I confirm that the information above is accurate to the best of my knowledge.

Signed: _____ Date: _____